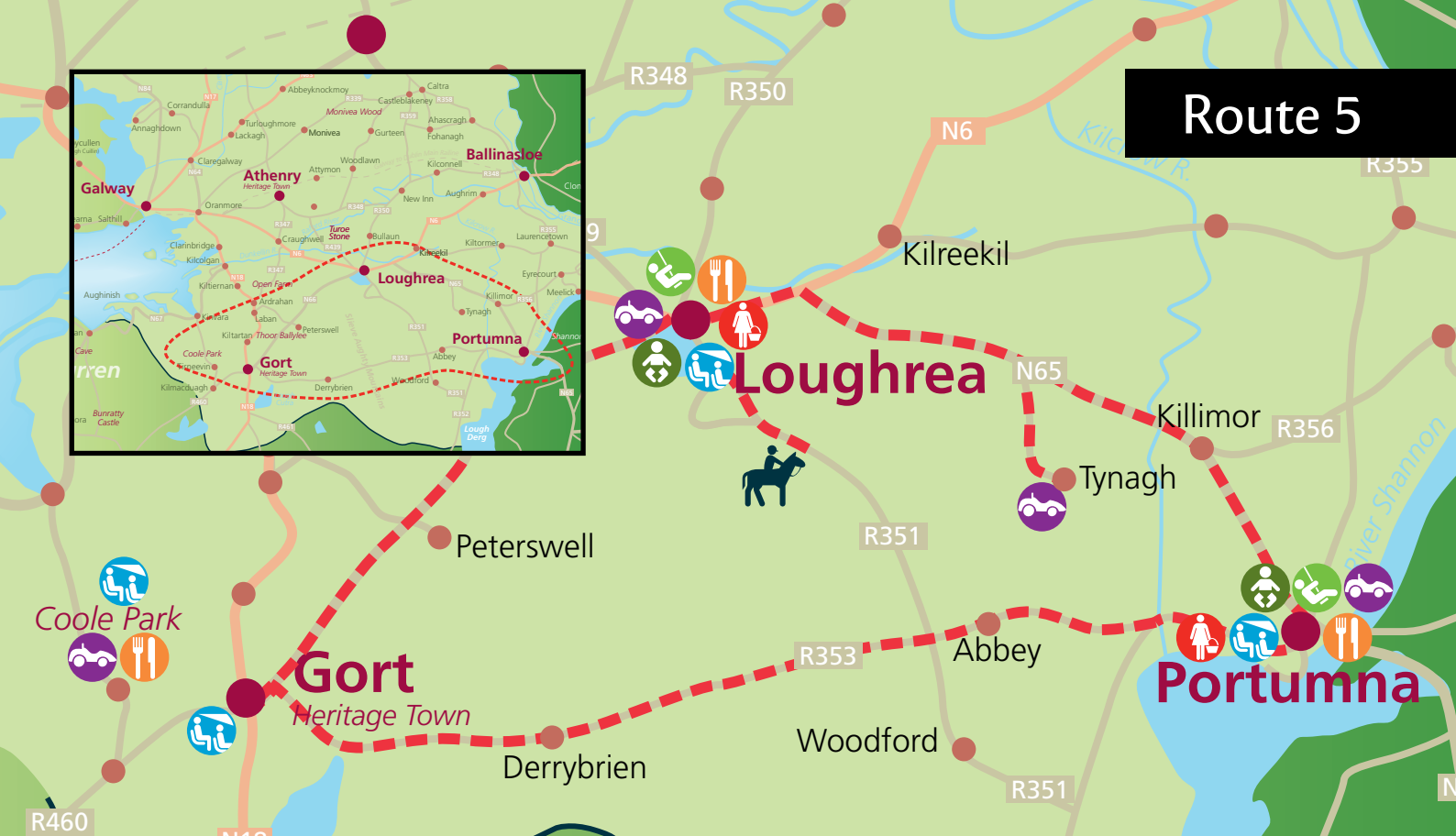









Route 5



Loughrea – Tynagh – Portumna – Gort – Coole Park – Loughrea

Playgrounds: 	Loughrea Portumna
Baby Changing / Toilets:  	Supervalu in Loughrea Forest Park toilets in Portumna Toilets behind Portumna Library
Family friendly eating 	The Weaver's Rest, Loughrea The Shannon Oaks, Portumna Café at Coole Park
Activities: 	Picnic in Cigna Park, Loughrea FREE Pallas Karting Portumna Castle with Walled Kitchen Garden Portumna Marina FREE Portumna Forest Park FREE Coole Park FREE Slieve Aughty Riding Centre
Rainy Days 	Loughrea Library FREE Portumna Library FREE Portumna Castle Gort Library FREE Coole Park Visitor Centre FREE
Shopping 	Loughrea Supervalu Loughrea Market on Thursdays 10-2 Portumna Supervalu Portumna Country Market Fridays 8.30-12.30